

KEMENTERIAN KESIHATAN MALAYSIA

PSYCHIATRY PARALLEL PATHWAY LOG BOOK (VER 5.0) JUNE 2021

ROYAL COLLEGE OF PSYCHIATRISTS, UK EXAMINATION
MRCPsych (U.K.)

TABLE OF CONTENTS

- 1.1 Introduction to Trainees, Heads of Departments and Educational Supervisors
- 1.2 Check-list for individual Training Posts
- 1.3 Requirement of the candidate in order to attempt parts of the MRCPsych exam
- 1.4 Requirement of the candidate upon passing respective papers
- 2. Candidate's particulars
- 3. Candidate's Log forms Year 1
 - 3.1 Rotation & Supervisor's Feedback 3.1.1 General adult psychiatry
 - 3.2 Interview skills training
 - 3.3 Academic activity
 - 3.4 Case presentation & management discussion
- 4. Candidate's Log forms Year 2 & 3
 - 4.1 Year 2 & 3 Rotations & Supervisor's Feedback
 - 4.1.1 Child and adolescent psychiatry
 - 4.1.2 Neuropsychiatry/ Neurology
 - 4.1.3 Rehabilitation and Community Psychiatry
 - 4.1.4 General Adult psychiatry
 - 4.1.5 Geriatric Psychiatry
 - 4.1.6 Addiction Psychiatry
 - 4.1.7 Psychiatry Forensic psychiatry
 - 4.1.8 Psychotherapy
 - 4.2 Academic Activities
 - 4.3 Case Presentations & Management
 - 4.4 Competency in Child & Adolescent Psychiatry

4.4.1 Competency Report for Child & Adolescent Psychiatry

- 4.5 Competency in Psychotherapy
 - 4.5.1 Cognitive Behaviour Therapy
 - 4.5.2 Psychodynamic Psychotherapy
 - 4.5.3 Competency Reports for Psychotherapy 4.5.3.1 Cognitive Behaviour Therapy
 - 4.5.3.2 Psychodynamic Psychotherapy
- 4.6 Annual Review of Competence Progression (ARCP) & CASC Requirement
- 4.7 Checklist for Application of CASC Examination

- 5. Candidate's Log forms Year 4

 - 5.1 Advanced General Psychiatry5.2 Consultation Liaison Psychiatry
 - 5.3 Elective Posting
 - 5.4 Leadership & Management Psychiatry
- 6. Research/ Audit
- 6.1 Completion Report for Research/Audit
- 7. Candidate's Diary
- 8. Candidate's Undertaking
 - 8.1 Borang Akujanji
- 9. Appendix

MINISTRY OF HEALTH MALAYSIA (MOH) MEMBER OF THE ROYAL COLLEGE OF PSYCHIATRISTS (MRCPsych) PSYCHIATRY PARALLEL PATHWAY LOG BOOK GUIDE

1.1 Introduction to Trainees, Heads of Departments & Educational Supervisors

To the trainee

This log book has been developed by the Ministry of Health Malaysia as a means of helping the trainee sitting for the MRCPsych exams and the Supervisor to review the progress of the respective trainee. It is the responsibility of the trainee to maintain and keep this log book updated from time to time. This log book would help in the assessment of the trainee's training needs and it should be made available to the respective supervisor or head of department as necessary. Although every effort has been made to make this log book as flexible as possible, certain sections may need modifications for a trainee's particular interests and requirements. Do make use of the reverse side of the printed pages whenever necessary if there is insufficient space in certain sections.

Throughout the training, the trainee should participate actively in all relevant undertakings of their respective training centres such as the care of inpatients and outpatients, perform on call duties where required, take part in community psychiatry visits, perform psychotherapy sessions, participate actively in case discussions, case conferences and other educational activities.

To Supervisors or Heads of Departments

This document should be reviewed with the trainee at the start and towards the end of their attachment. In addition to the work based assessments, this Log Book would help to establish important training needs and educational objectives that the trainee requires.

The Postgraduate Psychiatry curriculum requires the trainee and supervisor to have faceto-face supervision for an hour each week over and above the usual clinical rounds with their respective supervisor.

The Revised Curriculum for Clinical Training

Phase	Year of studying		Formative Assessment	Summative Assessment MOE	Friculum Summative Assessment MOH as Per The Royal College Criteria	Duration
Phase 1	Year 1 (Training in general psychiatry)		Workplace-based	End of Phase 1 Theory and Clinical	PART A or B MRCPsych Theory	12 months
Phase 2	Year 2 & 3 (Placement through subspecialties in psychiatry)	Researc h or clinical audit	assessment (IBA, PBA, CBD, MiniCEX, PP) Psychotherapy CBT	End of Phase 2 Theory and Clinical	PART A or B MRCPsych Theory CASC Clinical	24 months
Phase 3	Year 4 (Training in advanced general psychiatry, administrative & leadership psychiatry and Consultation-Liaison Psychiatry)			End of Phase 3 Consultation Viva and research/clinical audit report & presentation Placement Interview	CASC Clinical End of Phase 3 Consultation Viva and research/clinical audit report & presentation Placement Interview	12 months

Please refer to the Parallel Pathway Psychiatry Postgraduate Training Guideline for detailed information on the curriculum and training program.

1.2 Check-list for individual Training Posts

At the start of the attachment, the educational objectives stated below should be established and agreed between the trainee and the Supervisor. These objectives are not set in stone and could be used as a basic guide for the trainee.

Phase 1 - Year 1

General Psychiatry -12 months

The trainee is exposed to basic Psychiatry skills using the knowledge gained from previous training, preparation for the first parts of the examinations, courses attended and clinical experience which forms the foundation of the training for the 4 years. A firm foundation and understanding in basic psychiatry is essential and necessary before taking on more challenging cases. Trainees especially those who have never had any exposure in Psychiatry before MUST do the 12 months of General Psychiatry training uninterrupted. Exceptions would be during times of emergencies like a pandemic.

History taking and interview skills

Physical examination

Eliciting psychopathology & mental state assessment from simple to more complex cases Eg dual diagnosis, neurocognitive disorders etc

Risk assessment for suicide, homicide, aggression and self-injurious behaviour

Being able to formulate cases and come up with individual care plans for different patients Being able to assess patients' family dynamics and establish rapport with the family

Basic pharmacology and pharmacotherapy

Establishing networks with other departments/organizations/agencies that are involved with patients' welfare and care management

Basic and brief counselling techniques

ECT

Respecting patients' autonomy and rights

Case presentation, Journal Club participation

Basic knowledge in research/ audit protocol

Meticulous and proper documentation of case notes, ensuring the privacy of the patients are safeguarded and maintaining confidentiality

Knowledge and implementation of the Mental Health Act 2001 and Mental Health Regulations 2010

Basic knowledge in Community Psychiatry and CHMC criteria

When a trainee achieves the standards set for Phase 1, they can move on to Phase 2 of Training.

Trainees who have completed 1 year of general psychiatry training are free to sit for their Part B paper. Trainees who have had 12 months of exposure in Psychiatry before joining the Psychiatry Parallel Pathway Training program are eligible to sit for Paper B anytime they feel ready to do so.

Phase 2- Year 2 & Year 3

General Psychiatry and The Subspecialty Rotations are done during this phase.

General Psychiatry Phase 2 (Year 2 & Year 3)

Refer to Phase 1 with clinical exposure and management of more complex cases. More well versed in the principles of Psychotherapy and application. Taking on more cases requiring Psychotherapy

Psychotherapy Phase 2 (Year 2 & Year 3)

Trainees must complete 2 case protocols - one in CBT & one in Psychodynamic psychotherapy.

Child and Adolescent Psychiatry Phase 2 (Year 2 or Year 3) - 4 months

- Clinical Interview/ Assessment
- Human Development/ Psychology
- Development Disorders
- Emotional Disorders
- Eating Disorders
- Pediatric Psychopharmacology
- Pharmacotherapy
- SCAN Team work

Trainees are to ensure that Child & Adolescent Psychiatry and both the Psychotherapy are completed, signed and verified by their respective supervisors before they can be signed up as eligible to sit for the CASC examination by their Sponsors.

Research/ Audit Phase 2 & 3

Research/ Audit - Phase 2 & Phase 3

Trainees have the option to choose to do a Research or conduct an Audit. It can start during Phase 2 (Year 2 or 3) and end at Phase 3 (Year 4) of training.

Trainees are advised to start planning their research protocol or Audit from the beginning of Phase 2 with their supervisors. Trainees are also advised to ensure all existing protocols are adhered to.

Dissertation/ Audit presentation will be done at the end of Phase 3 (Year 4).

Community and Rehabilitation Psychiatry Phase 2 (Year 2 or Year 3) - 3 months

A. Community Psychiatry

- Describe the changing trends of Psychiatric care from the custodial era to the era of community-based services
- Able to plan community care for the patients
- Develop sufficient skills in managing psychiatric patients in the community
- Describe preventive aspects of Psychiatric illnesses

Obtain core knowledge in

- Community Psychiatry services in Malaysia & worldwide
- The application of National Mental Health Policy, Mental Health Act 2001 & Mental Health Regulations in Community settings
- Family interventions
- Different types of Community Care
 - o Acute
 - Long Term/ Assertive Care
- Primary Mental Health Care- Integration of Psychiatric services in general/primary health care setting
- Concept of psychiatric prevention; e.g. primary prevention, secondary prevention & early diagnosis, promotion of mental health and relapse prevention

B. Rehabilitation Psychiatry

- Describe the concept of rehabilitation
- Describe the various types of rehabilitation
- Demonstrate ability to work in a multidisciplinary team
- Assess and plan Rehabilitation Programs for patients

Obtain core knowledge in

Different types of rehabilitation approach

- Community Mental Health Centers
- Psychosocial Rehabilitation Centers
- Vocational Rehabilitation
- Halfway House

Strategies of Rehabilitation

- Case Manager approaches
- Group Therapy
- Occupational Therapy
- Social Skills Training

Old age psychiatry (Year 2 or Year 3) - 3 months-

- Comprehensive assessment, diagnosis and treatment of Psychiatric & Neuropsychiatric which occur late in life
- Multilevel integrated care encompassing inpatient services, outpatient clinic (general geriatric mental health & memory clinic), Geriatric consultation liaison, Community Geriatric Psychiatry services
- Working with a multidisciplinary team to do Hospital-Home Assessment programme to support the elderly & empower the caregivers for better QOL in the community
- Using Multidimensional geriatric assessment method to prioritise existing problems, detect unrecognised problems
- Making individualised treatment plans taking into account patients' medical, psychological, spiritual, functional, social and environmental factors

Neuropsychiatry/ Neurology (Year 2 or Year 3) - 3 months

- Able to gather relevant clinical information (history, examination, bedside neurocognitive evaluation, investigations) to derive at a provisional neuropsychiatric diagnosis.
- Able to perform neurological (physical) examination relevant to neuropsychiatric illness
- Able to demonstrate management plans for a given neuropsychiatric illness

Addiction psychiatry (Year 2 or Year 3) - 3 months

Management of substance intoxication and withdrawal/ medically - assisted detoxification Detailed assessment and mental state examination in people who use substances Use of agonists and antagonist agents for maintenance therapy

Principles and practices of harm reduction approach

Use of non-pharmacological interventions eg., brief intervention, motivational interviewing, cognitive behavioural intervention, contingency management

Co-morbid psychiatric and substance use disorders

Role of other agencies, groups and disciplines

Forensic Psychiatry Phase 2 (Year 3) - 3 months

Core academic topics in forensic psychiatry

Laws relating to psychiatry

Assessment and management of cases under Sections 342, 344, 348, 350 and 351 of the Criminal Procedure Code

Risk assessment and management of violence

Writing forensic psychiatric reports

Knowledge of the Mental Health Act 2001 and Mental Health Regulations 2010

Attendance in Court – expert witness skills

Basic civil forensic knowledge

Phase 3 (Year 4)

Consultation-Liaison Phase 3 (Year 4) - 3 months

Assessment of psychiatric and physical comorbidity
Assessment of unexplained physical symptoms
Crisis management
Assessment of deliberate self-harm
Joint working with other specialties
Psychiatric treatments in special settings

The application of the Mental Health Act in Consultation-Liaison settings

Advanced General Psychiatry & Administration & Leadership Psychiatry Phase 3 (Year 4) -8 months

Managing complex cases in the psychiatric health care facilities, at the community level and liaison settings. Being an effective leader and managing human resource is increasingly becoming an integral part of a Psychiatrist's routine work. Hence, it is crucial for psychiatrists to also possess other managerial/ leadership skills to enable them to function efficiently and effectively within a complex healthcare system.

Elective Posting Phase 3 (Year 4) - 1 month

Trainees are allowed to choose any registered and recognised organisations to do their elective rotations. The objective of adding an elective posting is to give the trainees:

- A real world experience liaising with other organisations using the communication skills and values like working in partnership, networking and teamwork which are inculcated as part of their training.
- A chance to explore their individual interests in other organisations advocating Mental Health
- The experience to help contribute to both the trainees professional and personal growth.

1.3 Requirement of trainees to attempt parts of the MRCPsych Examination in the Malaysian setting

Please refer to the Parallel Programme Training Guidelines for details on sitting for Paper A & Paper B

The requirement for entry to sit the MRCPsych CASC (Clinical Assessment of Skills and Competencies) exam is:

- Has at least 24 months of training in an accredited Psychiatric Training Center prior to sitting for CASC
- Successful completion of General Psychiatry in Year 1 and has demonstrated competencies based on the formative assessments by the supervisors.
- Has passed Paper A and Paper B of the MRCPsych exam and is within the Written Paper Validity Period.
- Has completed and attained Competency in Child & Adolescent Psychiatry (at least 4 months' experience).
- Has completed BOTH Psychotherapy sessions and demonstrated competencies in both. Based on MOH criteria, Psychotherapy competency in both Cognitive Behavior Therapy & Psychodynamic Psychotherapy is deemed compulsory. Proof of competency in Psychotherapy:
 - → Completed the two case protocols and verified by the Psychotherapy supervisor
 - Completion Report by their Psychotherapy Supervisor (CBT, Psychodynamic psychotherapy)
- For the sponsorship, an authorized sponsor* will first verify that above criteria are fulfilled before sponsoring a trainee as eligible to appear for the CASC.
- The trainee is responsible to ensure that all criteria are fulfilled before applying for the CASC.

*List of authorized Sponsor

- o Consultant responsible for trainee appraisal
- Head of Department of Psychiatry
- College Tutor
- o Training Programme Director
- Educational Supervisor
- o Head of School
- Director of Medical Education (or equivalent)
- For further details of Pre-Membership examination requirements, kindly refer to the latest "Eligibility Criteria and Regulations for MRCPsych Written Papers and Clinical Assessment of Skills and Competencies (CASC)" document by the Royal College of Psychiatrists, U.K. Kindly refer to the RCPsych website for latest info.

- 1.4 MOH Requirement for Psychiatric Parallel Pathway Specialist Training in Malaysia
 Please refer to the Parallel Pathway Psychiatry Post Graduate Training Guideline
- 1.4 Requirement of the candidate who has completed the minimum 4 years of Psychiatry Postgraduate training (starting from the date of commencement of training, including completion of all the mandatory rotational postings, achieves the competencies as required by the standards set and holds the MRCPsych Certificate)
- Inform the National Psychiatry Specialty Board (scan and send to <u>mrcpsychmoh@gmail.com</u>) & the Medical Development Division of the Ministry of Health, Malaysia by sending in your completed logbook and supervisor report.
- MOH once having verified the documents will send a list of the names of the successful trainees to the National Psychiatry Specialty Board and the Technical Head of Psychiatry in Malaysia. The Board will then make a recommendation of eligibility for gazettement training to the Medical Development Division of the MOH
- The Medical Development Division of the MOH will contact the successful trainees. Trainees will be required to submit the following documents:
 - BORANG LAPOR DIRI SELEPAS TAMAT LATIHAN KEPAKARAN' (CPP-BOR-04)
 - 'MAKLUMAT PERIBADI PAKAR/PEGAWAI PERUBATAN DI HOSPITAL-HOSPITAL KEMENTERIAN KESIHATAN MALAYSIA' (CPP-BOR-01)
 - o Certified true copies of your RCPsych Paper A, Paper B and CASC results
 - o RCPsych Certificate of Completion and Membership
 - Certified true copy of your Identity Card
 - Certified true copy of your service book (BUKU PERKHIDMATAN)
- The Medical Development Division would then review your documents to make sure everything is in order. Trainees would then be sent a form 'BORANG TEMUDUGA PAKAR KLINIKAL PSIKIATRI BAGI URUSAN PENEMPATAN' with a letter mentioning the date of the exit/placement interview for gazettement training in MOH.
- * Any department of Psychiatry recognized by the Conjoint Board for Psychiatry as eligible to train "Master's in Psychiatry" trainees is deemed to be a recognized training center.

PHOTO	

10. Candidate's particulars

FULL NAME:		
NRIC NUMBER:		
MMC REGISTRATION NUMBER:	RCPsych ID NUMBER:	
DATE OF COMPLETION OF 1ST PAPER (A OR B)	START DATE FOR MOH PSYCHIATRY TRAINING:	

YEAR	POSTING	DURATION	SIGNATURE
YEAR 1	GENERAL ADULT PSYCHIATRY	12 MONTHS	
	CHILD & ADOLESCENT PSYCHIATRY (Prior to CASC)	4 MONTHS	
	ADDICTION PSYCHIATRY	3 MONTHS	
·	GERIATRIC PSYCHIATRY	3 MONTHS	
	NEUROPSYCHIATRY/ NEUROLOGY	3 MONTHS	
YEAR 2&3	GENERAL ADULT PSYCHIATRY	5 MONTHS	
	REHABILITATION AND COMMUNITY PSYCHIATRY	3 MONTHS	
	FORENSIC PSYCHIATRY	3 MONTHS	
YEAR 4	CONSULTATION-LIAISON PSYCHIATRY	3 MONTHS	
	ADMINISTRATIVE/GENERAL PSYCHIATRY	8 MONTHS	
	ELECTIVE POSTING	1 MONTH	
YEAR 1-4	PSYCHOTHERAPY (Prior to CASC)		
	RESEARCH/ AUDIT		

Candidates are required to do the various subspecialty postings during their training period. Those electing not to do the postings prior to the CASC exam will have to do so upon completion of their CASC exam.

3. Candidate's Log forms Year 1

3.1. Year 1 – Posting

3.1.1. GENERAL ADULT PSYCHIATRY

Placement:

Supervisor's name and Start Date **End Date** Supervisor's comment signature

3.1.1. GENERAL ADULT PSYCHIATRY

Start Date	End Date	Supervisor's comment	Supervisor's name and signature

Start Date	End Date	Supervisor's comment	Supervisor's name and signature

3.2. <u>Year 1 – Interview Skills</u>

Placement	Date	Patient's RN	Supervisor's comment	Supervisor's name and signature

3.3. Year 1 – Academic activity
(Case conference, Journal Club, Update, Workshop, Seminar, Conference etc.)

То	be completed by Postgraduate c	andidate	To be completed by Supervisor		
Date	Activity description (Course description/activity/duration)	Course organiser	Verification method (e.g. Certificate of attendance)	Supervisor's signature & date	

3.3. Year 1 – Academic Activity
(Case conference, Journal Club, Update, Workshop, Seminar, Conference etc.)

To t	pe completed by Postgraduate c	andidate	To be completed	by Supervisor
Date	Activity description (Course description/activity/duration)	Course organiser	Verification method (e.g. Certificate of attendance)	Supervisor's signature & date

3.4. Year 1 – Case Presentation & Management (Elicit phenomenology, identify problems, assess risk and negotiate a treatment plan)

Placement	Date	Patient's RN	Supervisor's comment	Supervisor's name and signature
				and Signature

Placement	Date	Patient's RN	Supervisor's comment	Supervisor's name and signature

4.	Candidate's	Log Forms	Year 2 8	k 3
----	-------------	-----------	----------	------------

4.1. Year 2 & 3 – Rotations & Supervisor's Feedback

411	CHILD AND ADO	DI ESCENT PSVCHIAT	RV (Must be completed	l prior to the CASC Exam)
4.1.1.	CHILD AND ADO	JLESCENI I SI CHIAI.	N 1 (Musi de combleteu	i Drior io ine CASC Exam)

Placement:		

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

4.1.2. NEUROPSYCHIATRY/ NEUROLOGY

Placement:

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

4.1.3. REHABILITATION AND COMMUNITY PSYCHIATRY

Placement:

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

4.1.4. GENERAL ADULT PSYCHIATRY

Placement:

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

4.1.5. GERIATRIC PSYCHIATRY

Placement:		

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

4.1.6. ADDICTION PSYCHIATRY

Placement:			

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

4.1.7. FORENSIC PSYCHIATRY (To be completed in Year 3)

Placement:			

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

4.1.8 PSYCHOTHERAPY

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

4.2. Year 2 & 3 – Academic Activity
(Case conference, Journal Club, Update, Workshop, Seminar, Conference etc.)

To t	oe completed by Postgraduate c	To be completed by Supervisor		
Date	Activity description (Course description/activity/duration)	Course organizer	Verification method (e.g. Certificate of attendance)	Supervisor's signature & date

4.2. Year 2 & 3 – Academic Activity
(Case conference, Journal Club, Update, Workshop, Seminar, Conference etc.)

To t	oe completed by Postgraduate c	To be completed by Supervisor		
Date	Activity description (Course description/activity/duration)	Course organizer	Verification method (e.g. Certificate of attendance)	Supervisor's signature & date

4.2. Year 2 & 3 – Academic Activity
(Case conference, Journal Club, Update, Workshop, Seminar, Conference etc.)

To t	oe completed by Postgraduate c	To be completed by Supervisor		
Date	Activity description (Course description/activity/duration)	Course organizer	Verification method (e.g. Certificate of attendance)	Supervisor's signature & date

4.3. Year 2 & 3 – Case Presentation & Management (Elicit phenomenology, identify problems, assess risk and negotiate a treatment plan)

Placement	Date	Patient's RN	Supervisor's feedback	Supervisor's name and signature
				and signature

4.4 Year 2 & 3 – Competency in Child & Adolescent Psychiatry

- 1. Summary of History &Examination
- 2. Synthesis of Findings and Diagnosis
- 3. Summary of Management Plan
- 4. Ability to Identify Ethical Issues
- 5. Impact of Illness on Patient and family

Placement	Date	Patient's RN	Supervisor's feedback	Supervisor's name and signature
				and Signature

4.4.1COMPETENCY REPORT FOR CHILD & ADOLESCENT PSYCHIATRY {FOR APPLICATION OF CLINICAL ASSESSMENT OF SKILLS AND COMPETENCIES (CASC) EXAMINATION}

This report is to confirm that Dr	,
Royal College of Psychiatrists, U.K. Members	ship No/ I.Dhas
completed the required duration of Child and	Adolescent posting for 4
months fromto	satisfactorily having
achieved the competencies required in the fol	llowing domains:
Academic, Clinical Skills, Attitude and Profess	sionalism.
Signature of Supervisor	Signature of trainee
Data	Data
Date	Date

4.5 COMPETENCY IN PSYCHOTHERAPY

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature
1	I		Ī

4.5.1. COGNITIVE BEHAVIOUR THERAPY

- a) Patient's initial and RN:
- b) Candidate's role:
- c) Name of supervisor:

Session no.	Date	Supervisor's comment and signature
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		

4.5.2 PSYCHODYNAMIC PSYCHOTHERAPY

- a) Patient's initial and RN:
- b) Candidate's role:
- c) Name of supervisor:

Session no.	Date	Supervisor's comment and signature
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		

4.5.3 COMPETENCY REPORTS FOR PSYCHOTHERAPY

4.5.3(i) COMPETENCY REPORT FOR PSYCHOTHERAPY (CBT) {FOR APPLICATION OF CLINICAL ASSESSMENT OF SKILLS AND COMPETENCIES (CASC) EXAMINATION}

This report is to confirm that Dr	
Royal College of Psychiatrists, U.K. Membersh	nip Nohas
completed the required number of Psychothera	apy sessions in Cognitive
Behaviour Therapy (CBT) satisfactorily having	achieved the core
competencies to deliver the above Psychother	ару.
Signature of Supervisor	Signature of trainee
Date	Date

4.5.3(ii) COMPETENCY REPORT FOR PSYCHOTHERAPY

(Psychodynamic psychotherapy) {FOR APPLICATION OF CLINICAL ASSESSMENT OF SKILLS AND COMPETENCIES (CASC) EXAMINATION}

as

4.6 ANNUAL REVIEW OF COMPETENCE PROGRESSION (ARCP) & CASC REQUIREMENT

This is to certify that Dr	
Royal College of Psychiatrists, U.K. Membership	Nohas
successfully achieved completion of an Assessn	nent Portfolio demonstrating
achievement of equivalent competencies to thos	e defined in the ARCP as
stipulated in the Eligibility Criteria and Regulation	ns for the MRCPsych
Examinations.	
Signature of Supervisor	Signature of trainee
Date	Date

4.7 CHECKLIST FOR APPLICATION OF CASC EXAMINATION

i.Successfully completed 24 months of training in Training Center.	n an accredited Psychiatric
ii.Successfully completed General Psychiatry Pocompetencies based on the formative assessm	
iii.Has passed both Paper A and Paper B of the Written Paper Validity Period.	MRCPsych exam and is within the
iv.Successfully completed and attained Competer Psychiatry .	ency in Child & Adolescent
v.Successfully completed BOTH Psychotherapy competencies in both.	sessions and demonstrated
vi. Competency Report for Child & Adolescent F	Psychiatry -
vii. Competency Report for Cognitive Behaviour	Therapy
viii. Competency Report for Psychodynamic Psy	ychotherapy
ix. Annual Review of Competence Progression &	& CASC Requirement —
Signature of Head of Department	Signature of trainee
Date	Date

5. Candidate's Log Forms Year 4

5.1. Year 4 – Posting

5.1.1. ADVANCED GENERAL PSYCHIATRY

Placement:

Supervisor's feedback Supervisor's name and **Start Date End Date** signature

5.1.2. CONSULTATION-LIAISON PSYCHIATRY

Placement:			

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

5.1.3. ELECTIVE POSTING

Placement:

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

5.1.4. LEADERSHIP AND MANAGEMENT PSYCHIATRY

Placement:			

Start Date	End Date	Supervisor's feedback	Supervisor's name and signature

5.2. Year 4 – Academic Activity
(Case conference, Journal Club, Update, Workshop, Seminar, Conference etc.)

То	be completed by Postgraduate	To be completed by Supervisor		
Date	Activity description (Course description/activity/duration)	Course organiser	Verification method (e.g. Certificate of attendance)	Supervisor's signature & date

5.2. Year 4 – Academic Activity
(Case conference, Journal Club, Update, Workshop, Seminar, Conference etc.)

То	be completed by Postgraduate	To be completed by Supervisor		
Date	Activity description (Course description/activity/duration)	Course organiser	Verification method (e.g. Certificate of attendance)	Supervisor's signature & date

5.3. Year 4 – Case Presentation & Management (Elicit phenomenology, identify problems, assess risk and negotiate a treatment plan)

Placement	Date	Patient's RN	Supervisor's comment	Supervisor's name and signature

6. COMPLETION OF RESEARCH/ AUDIT

Start Date	End Date	Supervisor's comment	Supervisor's name and signature

6.1 COMPLETION REPORT FOR RESEARCH AND AUDIT

This is to	confirm that	at Dr.					
Royal	College	of	Psychiatrists,	U.K.	Membership	No/Exam	I.D
No		has	successfully	completed	the Research	Project / Cl	inical
Audit on	1						
Signatu	re of Super	visor		Signa	ture of trainee	:	
Date				Date			

7. CANDIDATE'S DIARY

(Conference & date / Revision Course & date/ Block teaching & date)

Date	Activity/ placement	Supervisor's name and signature

Date	Activity/ placement	Supervisor's name and signature

Date	Activity/ placement	Supervisor's name and signature

8. CANDIDATE'S UNDERTAKING

8.1 BORANG AKU-JANJI

Saya	,				
No Kad Pengenalan	mengaku bahawa				
segala maklumat serta dokumen yang diberikan dalam	"Psychiatry Parallel Pathway				
Log Book" adalah benar. Saya juga faham sekiranya maklumat yang diberikan didapati					
palsu, saya boleh dikenakan tindakan termasuk tindakan tatatertib jika berkaitan dan					
pewartaan saya sebagai Pakar tidak akan dilaksanakan.					
NAMA:					
NO. KAD PENGENALAN:					
JAWATAN:					
TANDATANGAN KETUA JABATAN,					
NAMA:					
JAWATAN:					
COP RASMI:					

9. APPENDIX

9.1 LEAVE DURING TRAINING:

Please refer to the Parallel Pathway Psychiatry Post Graduate Training

9.2 FORMS

Forms that are required to be submitted during training can be downloaded from MOH website (Penerbitan > Garis Panduan > Unit Postgraduate Medical Specialization & Subspecialization) at url https://www.moh.gov.my/